HANDOUT:

Sample questions for training needs assessment.

Here you can find sample sets of questions / templates you can use while assessing training needs:

Sample 1:

Name / alias:

_____

_____

Preferred communication style:

_____

_____

Sensory preferences / sensitivities:

_____

_____

Learning preferences:

_____

_____

Triggers / stressors:

_____

_____

Strategies for self-regulation:

_____

_____

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Support needs (before / during / after training):

_____

_____

Preferred environment (lighting, sound, seating):

_____

_____

Additional notes:

_____

_____

Sample 2:

Name / alias:

_____

_____

Age (optional):

_____

_____

Neurotype / diagnosis (if disclosed):

_____

_____

Learning Profile:

I learn best when:

_____

_____

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Things that make learning harder for me:

_____

_____

Things I enjoy in a learning environment:

_____

_____

I prefer to work:

☐ Alone ☐ In pairs ☐ In groups ☐ With support

Preparing for Training:

What I hope to learn:

_____

_____

What I need to feel comfortable:

_____

_____

What I want my trainer to understand about me:

_____

_____

Sample 3:

Name / alias:

_____

_____

Age (optional):

_____

_____

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Neurotype / diagnosis (if disclosed):

_____

_____

Learning Goals

What do you hope to gain from this training?

_____

_____

Are there specific topics you are interested in?

_____

_____

Are there skills you would like to develop?

_____

_____

Learning Conditions

What makes learning easier for you?

_____

_____

What makes learning more difficult for you?

_____

_____

How do you prefer to receive information? (Visual / Audio / Text / Other)

_____

_____

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Accessibility & Comfort

Do you need any accommodations?

_____

_____

_____

_____

Are there sensory conditions that help or hinder your focus?

_____

_____

_____

_____

Would you like to use breaks or quiet spaces?

_____

_____

Interaction & Communication

How do you prefer to interact in group settings?

_____

_____

Are you comfortable with open discussion?

_____

_____

Do you prefer structured activities?

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_____

_____

Other comments / anything you'd like your trainer to know:

_____

_____

_____

_____

_____

_____

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